



BUENA BRIEFS

**Member of General Federation of Women Clubs &
California Federation of Women's Club**

**SAN BUENAVENTURA
WOMEN'S CLUB
MEETS 2nd TUESDAY
OF EACH MONTH**

Poinsettia Pavilion

3451 Foothill Road Ventura, CA 93003

Editor: Carla Kincaid

email: carlakincaid1028@gmail.com

Information Deadline: 20th each month

**THE SEPTEMBER 10th MEETING
WILL BE HELD IN THE SANTA
PAULA ROOM AT POINSETTIA
PAVILLION.**

Please see page 6 for more details



**PRESIDENT, ROSEMARY WILDE
2018-2020**

Dear Members,

Summer is ending and our local young people are returning to school or university. Here in Ventura I think we have had a mild summer in respect to weather, let's hope we get some rain early in order to cut down the threat from wild fires. Wild fires in our local area see the burning of light brush which can move extremely quickly in windy conditions and threaten our homes and our lives. The wild fires now burning in the Amazon seem to be slow moving because of lush vegetation. A big problem with these fires is that they are turning an area that usually cleans our air and absorbs carbon, into an area that is releasing vast amounts of carbon into the atmosphere. It is crucial that each and every one of us does all we can to use less, buy less, reuse wherever possible, and support international efforts to save all the forests of the world.

Rosemary Wilde



2019-2020

September 10, 2019

Lemon Sour Cream Chicken
Parslied White Rice
Butter Peas & Miniature Onions
Fancy Greens Salad
Dinner Rolls & Butter

October 8, 2019

Wonderfully Tender Beef Bourgne
Parslied Butter Boiled Potatoes
Seasonal Vegetable
Fancy Green Salad with Cranisins and Apples
Soft French Bread & Butter

November 12, 2019

Oven Baked Ham
Cheesy Potatoes
Sautéd Green Beans with Almonds
Fancy Greens Salad with Dried Cranberries & Feta
Dinner Rolls & Butter

December 10 2019

Reciprocity Tea

January 14, 2020

Beef Stroganoff with Noodles
Seasonal Vegetables
Fancy Salad greens
Dinner Rolls & Butter

RESERVATIONS:

Carla Kincaid

**Please contact me for your reservation
805-816-7112—call or text
805-676-0070—landline/leave message
carlakincaid1028@gmail.com (email)**

Reservations for lunch by

SEPTEMBER 5

**2018-2019 Luncheon
\$19.00**

February 11, 2020

Cajun Stuffed Chicken
Creamy Cheese Grits
Louisiana Style Succotash
Fancy Greens
Dinner Rolls and Butter

March 10, 2020

Irish Bangers
Mashed Potatoes
Peas and Pearl Onions
Fancy Greens with
Tomatoes and Cucumbers
Irish Soda Bread

April 9, 2020

Flavorful Shrimp Scampi
Linguini
Roasted Zucchini
Mixed Greens Caprese Salad
Dinner Rolls & Butter

May 12, 2020

Chile Verde
Refried Beans
Spanish Rice
Mexican Inspired Caesar Salad
Tortillas

A big **THANK YOU** to Janet Flickinger for organizing & selling \$172.25 worth of our gently used items at our garage sale. A thank you should also go to Janet's family of 4 granddaughter, Maddie, Emma, Sophia & Julia & of course their dad, Lupe..



Terri Davis volunteered at the Ventura Stand Down representing the SBWC on July 26-28, at the Ventura Army National Guard Amory. Several of our Sister Clubs joined in also. Connie Biggers, Oak View Women's Club, Donna Mitchell, Shirley Scott, Simi Valley Women's Club & Patti Bagley, Ojai Woman's Club.



It is better to light a candle than
curse the darkness

Eleanor Roosevelt



Evening Section September 19 7:00 P.M.

**Iona Travers' Home
801 Lemon Grove Ave, Ventura
Janet Flickinger & Carla Kincaid hosting
Meeting to discuss & organize fundraisers & other activities
Bring your thinking hats & fun ideas.
RSVP to Janet or Carla**

BRIDGE

Sadly, the bridge section is no more

BUNCO

No Bunko in September

Due to Labor Day

Holiday

Next BUNCO

October 7

SEPTEMBER MEETING

Theme

Forest of the World

Guest speaker

Nancy Merrick

Author of

"Among Chimpanzees"

Nancy has studied with

Jane Goodall

11:30 Social time

12:00—Noon

Lemon Sour Cream Chicken

Parslied White Rice

Butter Peas & Miniature Onions

Fancy Greens Salad

Dinner Rolls & Butter

Book Sale

Food Item for

Project Understanding

Pasta Beans & Rice

Canasta

1:00 P.M.

Canada Larga Room at

Poinsettia Pavilion

September 20

For reservations please

contact

Joan J.



SHOES - BRAS

NEW OR GENTLY USED

Please bring to September 10th meeting



SHOP FOR FUN-DOUGH \$\$

MEETING LOCATION

Bible Fellowship Church
6958 Ralston Street, Building 500 'PLEX', Ventura

FUN DOUGH IN FEBRUARY

Next Fun Dough

September 13

Aqua/Turquoise

Our Shop for Fun Dough Sponsors

Budget Blinds - Brian Hunt (805) 850-7251 / (805) 305-3459

Dapple Destinations - Dana Apple (805) 422-3003

Creative Memories - Rita Trejo (805) 512-1384

Equity Management - Richard Sulc (805) 208-9563 or Tyler Tran (626) 616-0588

Green Thumb Nursery - Dave Nichols, Ventura - (805) 642-8517

Jeffrey T. Schoenherr - Attorney, Probate, Will, Living Trust - (818) 773-9850

Life Coach / CBD Essential Oils - Kathy Murphy - (805) 766-6256

Marie Callendar's Restaurant - Camarillo only - (805) 987-5580

Mary Kay Cosmetics - Allene Bundt - (805) 231-9842

Open Mortgage - Carlos Camargo (805) 985-2808

Pampered Chef - Vera Lynn - (805) 760-8412

USA Builders - Christian Johnson - (818) 626-4221

State Farm Insurance - Ryan Rummelhoff (805) 553-0355

Thousand Oaks Mattress - Lindee Galeano - (805) 469-0724

Trades of Hope, Jewelry & Accessories - Melanie Sunukjian - (562) 441-6085

Yolanda's Mexican Cafe - Ventura / Oxnard / Camarillo / Simi Valley

Sunshine

Anita Hensley wants to know if there is any member or their family member that may need some sunshine. Please contact Anita at her home number or cell.

Everyone needs a little

SUNSHINE



SEPTEMBER 10th MEETING

The management of Poinsettia Pavilion has asked SBWC to kindly use the Santa Paula Room for our September 10th meeting as they have another event in The Ventura Room that will finish around 12:30 PM. Several of the board members have seen the Santa Paula Room set up. There is a private entrance & our own restrooms. The room is lovely, bright and attractive. There will be space for the head tables, book sale tables & our dessert table in the back.

PARKING: The small parking lot outside the Santa Paula Room will hold about 9 cars including 4 spaces along the fence. We are asking that only the members with walking disabilities park in that area. The parking lot on the other side holds 15 -18 cars. If you are unable to climb stairs, those spaces are for you. If you have no disabilities & can climb the stairs, please park in the lower parking lot. Thank you.



September 23

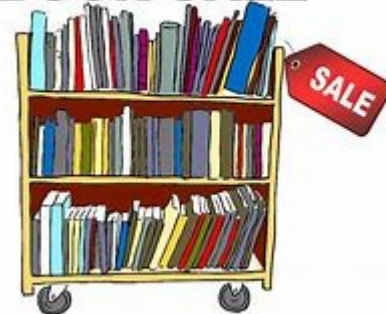


Bi Annual Book Sale September 10th

Eleanor Tillquist will be having the
September Book Sale
Come & find something interesting
& fun to read

Please Contact Eleanor Tillquist or
Shirley Lorraine
If you have books to donate

BOOK SALE



Garden of Eatin

September 17 11:30

Peking Inn, 5960 Telegraph Rd. Ventura

Host: Cathy Caron

October 15

TBD-will be announced soon

Host Diane Paxton

2020 GARDEN OF EATIN' SCHEDULE TO ESTABLISHED SOON



Eco Tip

Turn kitchen scraps into food for the garden by collecting kitchen scraps in a container (on counter top or in the freezer) Instead of using garbage disposal. Once a week or so take the scraps and chop them up in a food processor (using none softened water). Dig a hole in a flower or vegetable bed or anywhere in your yard, dump the chopped up leftovers in and cover with a couple of inches of soil. This will encourage worms to come and process the waste and make better soil. By doing this you also save that food going to a landfill and making methane gas as it rots which increases greenhouse gases. Methane is approximately 28 times more potent than carbon dioxide.



PENNY 4 PINES

Thank you for your generous donations
Continue to bring in your change or even a check
for our forest.

