

## PURPOSE

Epsilon Sigma Omicron (ESO) is an honorary educational society open to all per-capital dues paying GFWC federated club members. Participants achieve recognition levels at their own pace.

## GOALS

Some goals of the ESO program are:

1. To encourage and support continuing education for club members.
2. To encourage and stimulate self-enrichment and personal growth.
3. To encourage the establishment and continuation of home libraries.
4. To encourage the formation of reading, study, and discussion groups.

## HISTORY

The Indiana Federation of Clubs established ESO in 1928. From 1930 to 1940 it was incorporated as a national sorority. In 1940, it became a Special Committee of GFWC. ESO became a part of the Education Department of GFWC in 1950. California, the twentieth state to receive an ESO Charter, became Upsilon Chapter in 1954.

## RESOURCES

The most current ESO Handbook (2020) and a suggested reading list is available at no charge on the GFWC website at [www.GFWC.org](http://www.GFWC.org).

To access, sign into the member portal. Under your profile, select “my digital library” and search for ESO.

Report forms and other information is available on the CFWC website at [www.CFWC.org](http://www.CFWC.org)

## ESO CATEGORIES

1. American History
2. The Arts
3. Biography and Memoir
4. Business and Finance
5. NEW for CA - California History
6. Conservation and Ecology
7. Drama
8. Education
9. Fiction, Classic
10. Fiction, General
11. Fiction, Genre (mystery, sci-fi)
12. NEW for CA— Fiction, Historical
13. Health and Medicine
14. Home and Garden
15. Parenting and Families
16. Poetry
17. Reading to Children/Youth
18. Religion and Inspiration
19. Science
20. Social Science
21. Sports and Recreation
22. Travel and Geography
23. Volunteerism
24. Women’s Studies
25. World History

## WHAT IS ESO?



## EPSILON SIGMA OMICRON

Epsilon Sigma Omicron is an honorary educational society. It is part of the General Federation of Women’s Clubs Education Department.

Through ESO Federated Members can continue their education as they participate, at their own pace, in the society’s reading program.

## MOTTO

Our Honorary Society Motto is “Enlighten Thy Own Pathway,” translated from the Greek phrase “Epsilon ten saudou hoden.”

## DID YOU KNOW?

Reading to children/grandchildren is a category!  
(#17) Talk about easy to fulfill!



## SUGGESTIONS TO HELP SPREAD THE WORD ABOUT YOUR CLUB AND ESO –

Include a club flyer and ESO brochure in books you donate. Make sure there is a contact method – you may get members.

Establish a Free Little Library and keep it well stocked. Add 3x5 cards with your opinion in books. Add your contact information if you are comfortable with that.

Create bookmarks with club information to put in all donated books. Keep them simple and fun.

Start a book group in your neighborhood. Share what you are reading.

Start a kid's story corner in your neighborhood. Blankets on the lawn help with social distancing.

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## ESO READING REQUIREMENTS

The first three ESO reading levels require the reader to write a brief report on what they learned from the book and their opinion. One or two sentences is sufficient.

The report form (newly revised) is located on the CFWC website ([www.cfwc.org](http://www.cfwc.org)). Each form reports four books to complete a single category. A cover sheet verifies the level completion.

Reading may be from the suggested reading list or the reader's choice as long as the book fits to a category. Audio books and Kindle books are also acceptable for reporting. A book may fit into several categories but may only be reported in one, of the member's choice.

These reports are handed in to the club chairperson. If there is no club chairperson, the reports are given to the District Chairperson. The District chairperson notifies the State Chairperson of a member's completion of a level and the member's accomplishment is recognized.

## DID YOU KNOW?

Hours spent reading and submitting required paperwork is reportable under Education on your club hours sheets.

Benefits multiply when you read!



## ESO LEVELS

**PLEDGE:** A member completes an ESO Pledge application, returning it to the club or District Chairperson to verify participation in the program.

**MEMBERSHIP:** Read and report on a total of 16 books (4 books from 4 different categories). On completion of this level, the member is eligible to purchase and wear the ESO pin and will be awarded a certificate and ID for the level.

**STAR:** Read and report on a total of 40 books (4 books from 10 different categories). The achievement will be recognized with a certificate and ID for the level.

**TORCH:** Read and report on 64 books (4 books from 16 different categories). Recognition will be awarded, and the member will be eligible to purchase and wear the torch guard on their ESO pin.

**CENTURY LEVEL:** Read 100 books. This level does not require reports. An Excel spreadsheet with author and title is sufficient. Members may include any other information deemed important.

With each 100 books read and submitted, an additional century level is reached, up to nine. Certificates are awarded for each century completed.

**DIAMOND:** A Diamond Award is given when a member has completed 1,000 books. Recognition will be given for this accomplishment.