

# BUENA BRIEFS



December 2023

Member of General Federated Women's Club &  
California Federation of Women's Club  
SAN BUENA VENTURA WOMEN'S CLUB  
MEETS THE 2ND TUESDAY OF EACH MONTH  
September - May

President's message -

The Holiday Season is in full swing! Parties, people and philanthropy are in abundant. I am in a festive mood and looking forward to the successful completion of our holiday projects.

Step Up Ventura is counting on us to provide 12 dozen children's books for preschool and kindergarten ages. We're almost there. Thanks to the generosity at our November meeting. We did it last year - I know we can do it again.

City Centers' 48 children are ages up to 12 years old will be gleefully surprised when we deliver toys after our Reciprocity Tea.

Your generosity is greatly appreciated. Bring your donations to The Tea on December 12th or contact a board member to arrange pickup.

Bags and bags of donations will be delivered to the Ventura Veteran's Home. Thanks to you, our awesome members. Thank you to those who donated cards at the November meeting for us to shop on your behalf. (what fun!) Thank you!

*Season's Greetings*

*Happy New Year*

## **December Reciprocity Tea**

Will be here before you know it.  
Guests should arrive at 11:30 AM.

We are looking for some high quality items for our baskets.

Suggestions. Gift certificates for local restaurants or stores.  
Bottles of wine valued at \$15 or more. (For our  
“Wine Pull”)  
Items that YOU would like to see in a basket.  
Food items are good also.

Let our President Shirley know of all donations for baskets as soon as you have them. She and her team need time to make up the baskets.

**Cookies.** Keep baking your cookies, this is one of the things that members and guests LOVE to buy. We are looking for a good variety of cookies, if you haven't yet decided on a cookie type please consider checking with Shelley Johnson for suggestions.

**Sandwiches.** Any questions about sandwiches should go to Ingrid Mackey.

Table Hosts should arrive at 10 AM. People with sandwiches or cookies should arrive by 10:15 AM. Ticket Sellers arrive by 10:15 AM.

Both Shelley Johnson and Rosemary Wilde will have limited contact between Thanksgiving and Dec 3rd but will be in “All systems go” mode from then on. Hold on to the wines for the Wine Pull (in a coolish room) till after December 3rd or give them to Shirley in the interim.

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## Reciprocity Tea . . . continued

There is no specific “theme” for this event other than a Tea Party. It will be lots of fun. The local clubs really enjoy our Reciprocity Tea. Please go out of your way to welcome all guests and make them feel at home.

Rosemary Wilde



### Auction Baskets



If you have donations please contact Shirley Lorraine to arrange for delivery or pick-up at 805-320-4123 or [slgumby@msn.com](mailto:slgumby@msn.com)

Basket Assembly dates are: Monday 12/4 from 4 to 6 PM or Thursday 12/6 from 4 to 6 PM. Please RSVP!!, we want your help, but have limited space.

*Happy Birthday*



### December Birthdays

Janice Smith  
Shirley Lorraine  
Joan Jayasinghe  
Pamela Ramsey

Rosalee Asbell  
Anna Marie Reilly  
Mary Harrison

## NEW MEMBERS



Let's Welcome our new members! The newest members are **Maria Schwartz, Mary Woulf and Danielle Harrison.**

## NOVEMBER PROGRAM



Ken McAlpine is a local travel writer. He reviewed for us his book Islands Apart. In order to write this book on our Channel Islands, Ken spent a week on each of the islands. The book reflects the history of each of the islands, with entertaining anecdotes of his adventures during his research. The presentation was enjoyed by all. If you missed Ken's presentation, his book is available at the Ventura County Museum.





## IN MEMORIAL

In Standing Rule #8 we make a contribution to the San Buenaventura Women's Club Scholarship at Ventura College in honor of deceased members. We recently made donations to the scholarship in the name of

**Saima Needham, Helen Baldwin and Corine Klock.**

## LEADS - WHAT IS IT?



**LEADERSHIP, EDUCATION AND DEVELOPMENT SEMINAR** is a program designed by GFWC to help future leaders develop the skills and capabilities needed to lead this organization in the future.

It is held annually prior to the GFWC convention. Each state sends one representative to the seminar who is encouraged to share the information she receives with clubs and districts.

Each club in CFWC is encouraged to nominate one woman as a candidate to attend LEADS. The names of the candidates are submitted to the district LEADS chair who, with a committee, will select a candidate to be submitted to the CFWC chairman.

Each district candidate will attend a LEADS event at the February CFWC state board meeting. One person selected from that seminar will represent CFWC at the GFWC convention.

Candidate information forms are available in the CFWC Procedure Manual-Yearbook **Completed forms MUST be submitted to Joyce Opjorden by December 10, 2023.**



## The LEADS Experience

Hello fellow Women's Club friends. I had the honor of representing our club at the 2023 LEADS Program. It was a wonderful learning experience! I met LEADS candidates from numerous other districts. It was great to hear how other clubs serve their communities.

The speakers for our program were phenomenal! Many of them were officers at the state level and had been club members for many years. They shared the rich history and great accomplishments the Women's Clubs have achieved.

The LEADS candidates attend the California Federation of Women's Club (CFWC) board meeting. Each LEADS candidate presents a short speech on a subject given by the LEADS Program Coordinator. My topic was, "What Does Good Leadership Mean to You".

The winning speaker has the honor of attending the National General Federation of Women's Clubs (GFWC) meeting to give their winning speech.

It was a wonderful experience and I encourage you all to consider participating. Your travel expenses are covered by our club. I know we have many excellent candidates!

Jennifer Enoch



## BUNKO

Monday December is Dark  
Dudley House  
197 North Ashwood  
Avenue Contact Ariel  
Cottrell

# SECTIONS

## CANASTA

Friday December is Dark  
Poinsettia Pavilion  
3451 Foothill Road  
Contact Joan Jayasinghe



## GARDIN' OF EATIN

Tuesday December is Dark

## EPSILON SIGMA OMICRON BOOK CLUB

Wednesday December 13th, at 12:30  
Meeting at 1001 Las Cruces  
Contact Rosemary Wilde

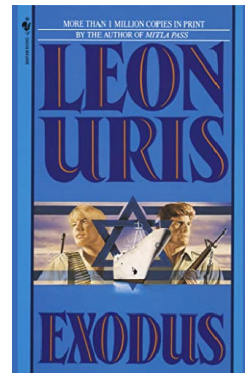
## EVENING SECTION



We are currently reading:

### Exodus

by Leon Uris



**Christmas Party is  
December 21st at 6-8 PM  
at Joyce Opjorden's Home  
RSVP to Terri Davis.  
Please bring a snack and  
a beverage, along with a  
\$20 Gift for the Gift Exchange**



## New Section Forming SCRABBLE

Thursday, December 14th,  
at 1:00 PM

Ventura Country Estates Club House  
10685 Blackburn Road  
Contact Hostess Sonia Demeter

## **FUN-DOUGH**

Friday December 8th  
Grace Bible Church  
936 West Fifth Street Oxnard, CA  
Contact Cosima VanBuskirk



**Upon arrival sign in as a *SBWC Member!***  
*Make sure you wear Festive Holiday!*

### **Shop for Fun Dough Sponsors:**

Beautycounter, Emily Velasco 1-619-886-4430

Creative Memories – Rita Trejo (805) 512-1384

Cindy O'Donnell, certified Hypnotherapist, (805) 368-0342

Darlene's Handbags & Accessories – Darlene McKinzie (805) 889-7319

Equity Management – Richard Sulc (805) 208-9663 or Tyler Tran (626) 616-0588

Green Thumb Nursery Ventura – Dave Nichols (805) 642-8517

Healing Massages by Sally – (805) 444-3878

Home Helpers – Leigha Heath (805) 807-3137

Marie Callendar Restaurant – Camarillo only (805)987-5580

Open Mortgage – Carlos Camargo (805) 985-2808 or (818) 324-3802

Pampered Chef – Vera Lynn (805) 760-8412

State Farm Insurance – Paulina Garcia (805) 553-0355

Sunder Energy – Marcus Chase 1-541-514-1153

Worthy Plumbing – Fred Worth (805) 758-0319

**If you patronize any of the above vendors please give Cosima the receipts!**

## **Legislation and Public Policy**

There are eight bills on the GFWC Legislation website that you can now Take Action on. The bills are as follows:

- Protect Children Online
- Support Increased Funding for Programs that Address Domestic Violence, Sexual Assault, Dating Violence, and Stalking
- Support Childhood Vaccination Efforts
- Addressing Food Insecurity
- Stop Online Child Sexual Exploitation
- Address the Backlog in Rape Kit Testing
- Increase Funding for Programs that address Domestic Violence, Sexual Assault, Dating Violence, and Stalking
- Support Global Childhood immunizations with Shot@Life

Copy and Paste this link <https://www.votervoice.net/GFWC/home> then choose the issues you are interested in to Take Action. Our voice is stronger with the power of many women.



## Around the Club

Our November meeting had a great attendance, new members and many guests. I think that we all had a great time.



## Garden of Eatin' at Ric's Restaurant and Sports Lounge in Camarillo



Instructions for Completion of the . . .

### **San Buenaventura Women's Club Volunteer Hours and Donation Sheet**

(Do not return this information sheet with your completed hour sheet.)

These are the things you should include in each section to be used for our yearly report to the state. The report is completed monthly for hours reported in January-December.

#### **Advocates for Children**

- List any hours spent: reading to children, tutoring children with homework, donating to programs and services that support children, such as; Step Up Ventura, City Center, Boys and Girls Club, etc.

#### **Arts & Culture**

- List any hours spent: attending cultural enriching events, such as; plays, museums, musicals, etc.
- List hours spent making craft items, specify if craft items were donated for fundraising, art shows, donated directly to the community, etc.

#### **Civic Engagement & Outreach**

- List any hours writing cards to Veterans, creating and sending care packages to military, flying your flag, census gathering, Voter Registration work, crime prevention (such as neighborhood watch), and any other activities related to self and community safety and crime prevention.

#### **Communication & Public Relations**

- List any hours spent: writing newsletters and information notices to the club members, time spent on women's club related social media, reading GFWC and CFWC materials, wearing club t-shirts for advertising the club, handing out business cards and brochures for the club outreach for new members, and any other activities that share the women's club opportunity with the community.

#### **Domestic & Sexual Violence Awareness & Prevention**

- List any hours spent: supporting domestic violence programs, donation to thrift stores that support domestic violence programs, volunteer hours for programs that support women and children experiencing domestic violence and/or sexual abuse, support for organizations, such as; Bikers Against Child Abuse (BACA), Interface, Child Abuse and Neglect (CAAN) Thrift Stores and other such organizations, etc.

#### **Education & Libraries**

- List any hours spent: reading (list these hours in ESO section if you are a registered ESO member), book club meetings, adult classes, volunteering at schools, attending any self-enrichment trainings, workshops, online video tutorials, and programs.

#### **Environment**

- List any hours spent and funds donated: to Pennies for Pines, feeding birds, nature clean up projects, gardening, bee conservation, picking up trash, or any other programs available that support environmental improvement opportunities, etc.

**Fundraising & Development**

- List any hours spent: on fundraising projects, making baskets, gathering donations, decorating, etc.
- Number of Bras donated to “Support the Girls” Project
- Number of Shoes donated to “Soles for Souls” Program

**Health & Wellness**

- List any hours spent: at self-care doctor & dentist appointments, visiting persons in the hospital or senior care centers, driving persons to their appointments, donating blood, guide dog program donations, red cross donation of time or funds, and time and funds spent on any program supporting health and wellness in the club and in the community, etc.

**Leadership**

- List any hours spent: in active leadership programs, board meeting, preparing agendas & minutes, attending and/or viewing leadership workshops/mentoring programs, including online mentoring programs from GFWC/CFWC and/or any other organization that teaches leadership skills, etc.

**Legislation/Public Policy**

- List any hours spent: advocating for public policies to support social causes, writing and/or lobbying Elected Officials, writing proposals for resolutions and policies.

**Membership**

- List any hours spent: building membership activities, Memorial Ceremonies, Orientation for new members, volunteer recognition projects, include anything you do to help increase memberships, inviting friends to come to the general luncheon meeting, etc.

**Women’s Health & Resource Center**

- Any hours spent researching and sharing women’s history, volunteer services or donations to organizations supporting women’s history, club and district celebration honoring clubwomen.

**Epsilon Sigma Omicron (ESO)**

- If you are registered as an ESO member, list hours spent reading and the name of books read.

**Guidelines for what is entered into each column for volunteer hours, dollars donated/raised, in-kind donations, dollars spent:**

- ⇒ Volunteer Hours is the amount of time that members worked on approved programs and projects.
- ⇒ Dollars Donated/Raised is the monetary amount given to programs and projects.
- ⇒ In-Kind Donations reflect the monetary value for goods provided to programs and projects. Please refer to the CFWC In-Kind Donation Guide for an estimate value of commonly donated items. (GFWC.org)
- ⇒ Dollars Spent are costs incurred by members, clubs or districts to achieve advancement plan goals.
- ⇒ Dollars Raised reflects the dollars earned from fundraising and development programs and projects.

## San Buenaventura Women's Club Volunteer Hours & Donation Sheet

Name: \_\_\_\_\_ Month/Year: \_\_\_\_\_ Revised 2/6/2023 J.E.

Activities *Instructions for completion sheet attached	Volunteer Hours	Dollars Donated/ Raised	In-Kind Donation	Dollars Spent
Advocates for Children				
Arts & Culture				
Civic Engagement and Outreach				
Communication & Public Relations				
Domestic & Sexual Violence Awareness & Prevention				
Education & Libraries				
Environment				
Fundraising & Development				
Health & Wellness				
Leadership				
Legislation/Public Policy				
Membership				
Women's Health & Resource Center				
Epsilon Sigma Omicron (ESO) (Must be an ESO registered member for this section.)	Reading Hours: Names of Books Read:			