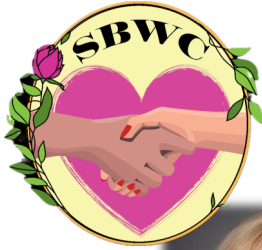


Buena Briefs

December 2024



Member of
General Federated Women's Club &
California Federated Women's

President's Message

Happy Holidays to all our Wonderful San Buenaventura Women's Club Members!

It has been quite an eventful November here in Ventura County. Prayers going out to all members, their family and friends that may have suffered a loss during the Mountain Fire. Another tragic reminder that we live in an area with dry vegetation and intense winds this time of year.

Our November meeting speaker, Mack Douglass, from the City of Ventura Disaster Preparedness Program, was highly informative about the state of the Mountain Fire and the evacuation zones. He shared how to prepare our emergency kits to ensure we have all our needed medication, first aid items, pet supplies and specific items needed for each household member in our kits, ready to go in case of an emergency. Watch for the list of items that are recommended in an emergency kit in a future email. [See Page 6 & 7]


Our members donated \$700 in gift cards and \$300+ in t-shirts, socks and toiletries delivered to the Veteran's home in Saticoy on November 14th. Our team, Terri Davis, Ariel Cottrell, Traci Lange, Mary Troske, and I had the pleasure of delivering these items. We met the new Administrator, Kendall Markle, and one of the Veteran residents, Mack Edwards (a 103 year-old veteran that served in WWII). They were so appreciative! Mack said the Aim toothpaste was his favorite!

The Reciprocity Tea is right around the corner! Hope you can all make it to this fan-tastic event! There will be delicious finger sandwiches, tea, and yummy homemade scones, made by Regina Stevens! You can look forward to a cookie sale, wine pull, beautiful gift baskets, a holiday sing-a-long and lots of fun! Thank you once again to Rosemary Wilde, Magda Nordahl and their team of dedicated volunteers!

President's Message (continued)

The holidays can be a stressful time for many people. Please remember to be extra kind. We don't know what others are going through. A smile goes a long way to let those around you know they matter.

Hope everyone had a lovely Thanksgiving!

Jennifer Enoch, President 
San Buenaventura Women's Club

General Meeting -
December 10th
Reciprocity Tea



Bunko

The first Monday of the month
December is Dark
Dudley House
197 North Ashwood Avenue
Contact Ingrid Mackey, if attending



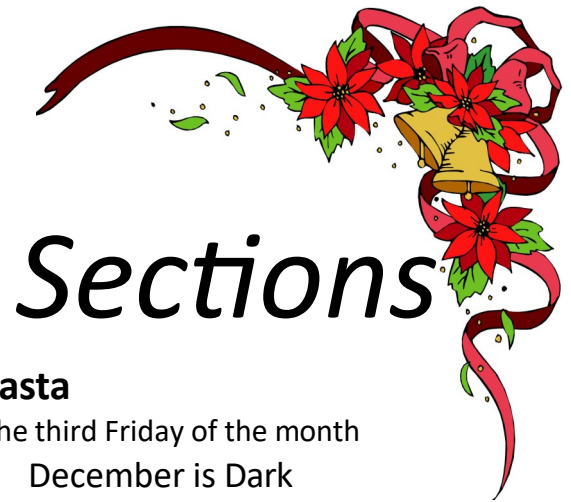
Garden of Eatin'

The third Tuesday of the month
December is Dark



Evening Section

The third Thursday of the month
December 12th at 6:30
Christmas Party
11100 Telegraph Rd #34
RSVP to Carrie Spira, Host



Sections

Canasta

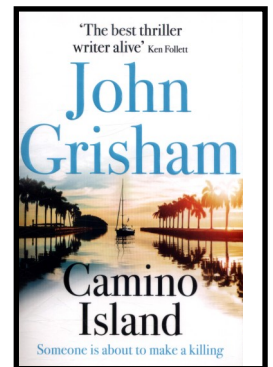
The third Friday of the month
December is Dark
Poinsettia Pavillion
3451 Foothill Road
Contact Joan Jayasinghe



Book Club/ ESO

The second Wednesday of the month
Rosemary Wilde is Host
Contact Rosemary, if attending
Book of the Month is:

Camino Island
by John Grisham



Scrabble

The second Friday of the month
December 13th at 1:00 PM
Ventura Senior Center
Contact Sonia Demeter, if attending

FUN-DOUGH

Friday December 13th, at 9:30 Grace Bible Church
936 West Fifth Street Oxnard, CA Contact Carla Kincaid

Upon arrival sign in as a *SBWC Member!*
Make sure you wear anything Christmas

This is the annual Award Breakfast.
If you have not already RSVP'd and paid, it is too late to attend

Shop for Fun Dough Sponsors:

55+ Reverse Mortgage Loans - Carlos Camargo (805) 985-2808 or (818) 324-3802

Apostille & Notary - Dave Ezra - (805) 702-1771

Buena Vista Home Health and Hospice - Maridee Leyva: 805-217-1372

Creative Memories - Rita Trejo (805) 512-1384

Cruise Planners - Jennifer Armstrong- (805) 905-1469

Equity Management - Richard Sulc (805) 208-9563 or Tyler Tran (626) 616-0588 F &

M Construction - Fernando Pacheco - 805-907-6859

Home Helpers In Home Caregiving- Ginny Arroyo (805) 585 - 8131

Mary Kay Skin Care - Marina Martinez - (805) 468-5798

Pampered Chef - Vera Lynn - (805) 760-8412

Remax One - Eric Arnaud - (805) 402-7653

Steam Master - Brad Briggs (805) 505-8068

Touchstone Jewelry - Sharon Bishop - (805) 479-4226

Worthy Plumbing - Fred Worth - (805) 758-0319

If you patronize any of the above vendors, please give Carla the receipts!

November Highlights

November is to honor our own Veterans.

We would like to honor the service of

Joan Jayasinghe
with the



British Royal Air Corp

and

Sharon Bacon with the
US Army Reserve.



Veteran's Home Donation Team

Our delivery team was joined by one of the residents Mr. Mack Edwards. Mack is 103 years old, World War II Veteran and was a great escort. The new Executive Director Kendall Markle was very appreciative of the donation.





Continued from Page 1

Included in the information were two lists of things we should have in a Go Bag in case we need to evacuate with very short notice. The lists are basic items.

You will also need to include some other things that you or your family specifically need like medications, electronics, clothing etc. Below are the lists:

Medical Supplies:

Item Type	Cost	Quantity
Tourniquet, C-A-T, Gen 7	31.5	1
Chest Seal, Hyfin, Vented, twin pack	16.3	1
Gauze, hemostatic impregnated, z-fold	42.8	1
Trauma Dressing, 4"	7.3	1
Trauma Pad, 5"x9", 5 pack	2.4	1
Exam Gloves, Nitrile, 6mil, box of 50	31.5	1
Pouch, 15"x11"	27	1
Bandage, Israeli	9.7	1
Guaz	4.1	1
Optiona		
Bandage, Modular, OLAES	7.	1
Tourniquet, SWAT-	17.9	1
Splint, SAM	13	1

Go Bag Packing List

Item	Quantity
Emergency Radio	1
Emergency Blanket	4
Extra keys (house & car)	1
Change of clothes	2 per person
First aid kit	1
IFAK	1
Flashlight	1
Water bottle	1 per person
Waterproof matches	20
Magnesium kindling	2 pouches
Medications	TBD
Personal toiletries	1 set per person
Spare cell phone charger	1
Water purification tablets	1 bottle
Lifestraw	1
MRE	6
Water Packets	1
Important documents/waterproof bag	1
Cash	TBD
Can opener	1
Chemlight	6
Hand Sanitizer	1
Gloves	1
Toilet paper	1 per person
Whistle	1
Pet food	TBD
Facemasks	1 per person
Trashbag	1
Knife	1
Optional	
Water Filter	1

Tierra Adorada District Bou6que

The Boutique was well attended and successful. There were many holiday crafts to purchase.

We had a very good meeting. SBWS did well!!!

Thank you every one for all your hard work.



December Birthdays

Janice Smith

Shirley Lorraine

Joan Jayasinghe

Pamala Ramsey

Rosalee Asbell

Anna Marie Reilley

Mary Harrison

