

# Buena Briefs

March 2025



Member of General Federated Women's Club  
& California Federated Women's Club

PRESIDENT'S MESSAGE:



**Hello Wonderful Members of the  
San Buenaventura Women's Club!**



It was so great to see many of you at our February luncheon. Our speaker, Dr. Adriene Lara, gave us a phenomenal presentation about the importance of heart health. She talked about the signs of a heart attack and stroke being quite different for women than men. As we all know getting a bit more physical movement, as well as eating more vegetables and fruits are great ways to add health to our lives.

We had a lovely presentation from our LEADS candidate, Anna Marie Reilley. She talked about her experience, and she highly recommends putting in your application to be considered for the program next year. The LEADS leadership program is always presented at the California Federated Women's Club (CWFC) Winter Board Meeting in February. You have plenty of time to consider applying for the February 2026 session to represent the Tierra Adorada District.

Several of our members attended the Reciprocity Tea in Somis at the Somis Women's Club clubhouse. We had such a great time and showed our support for one of our sister clubs. They had the Channel Islands Barbershop Singers for entertainment. So fun!

We had a fabulous time at the Garden of Eatin' on February 18th. The Little Lion Cafe was delicious, and the camaraderie of our members was an excellent way to spend our lunch time! Dee Koger was our host, and she brought everyone some fun gift bags full of goodies. Hope more of you can join us at future Garden of Eatin' events! Kathy Briggs is our coordinator for this event. Give her a call if you would like to join us next time.

One of our new members, Marion Inglis is hosting the Evening section in February. Galentine's Evening with RomCom Trivia! What a treat!! Remember you can volunteer to host an evening section event. If you host it does not need to be at your home. You can plan a dinner out, a trip to Golf and stuff, bowling, paint and sip party, ceramic painting, or whatever creative idea you come up with to have some evening time fun. Contact Carrie Spira if you would like to discuss possible programs for the evening section.

Our Budget/ Donations Committee is working behind the scenes to decide upon the philanthropic organizations we will be donating to this year. Thank you to those that provided ideas for organizations to support. We cannot support all the organizations suggested at this time, but we can leave some on the list for next year.

Reminder the Bunco fundraiser is right around the corner!! March 8th will be a terrific opportunity to visit with friends and meet new friends. Toni Peters is still in need of members to sell tickets and assist with obtaining door prizes. Please contact her if you would like to help. The event will be at the Elks Lodge in Ventura with a delicious breakfast and lots of fun! I look forward to seeing many of you there!

Looking forward to seeing you at our luncheon in March! It will be a St. Patrick's Day theme. So, wear your best green outfit! See you Soon!

Jennifer Enoch♥, President  
San Buenaventura Women's Club



CFWC  
Winter  
Executive  
Board  
Meeting in  
Glendale

# GENERAL MEETING



**March 11th**  
Lunch is served at Noon

- Traditional Corned Beef with Cabbage
- Boiled Potatoes
- Herbed Carrots
- Seasonal Fruit Salad
- Dessert



**RSVP to Carol Ricks**

Lunch is \$25 -Payment by **Zelle** is the easiest!!!

Please use our club email as the recipient:

**venturawomensclub@gmail.com**

# HAPPY BIRTHDAY

It's time to celebrate our March Birthday Girls:

- Sharon Mitchell
- Amanda Malone
- Elaine Shaghghi
- Michelle Vance
- Terri Brodie
- Jane Beagler
- Maria Schwartz
- Mary Troske
- Doris Young

# MONTHLY SECTIONS

## Bunco - First Monday of the Month



**March 3rd at 12:30 PM**

Dudley House  
197 North Ashwood Avenue  
RSVP to **Ingrid Mackey**

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## Second Friday of the Month

**March 14th at 1:00 PM**

566 Cedar St., Ventura  
RSVP to **Sonia Demeter**

## Canasta - Third Friday of the Month



**March 21st at 12:30 PM**

Poinsettia Pavilion  
3451 Foothill Rd  
RSVP to **Joan Jayasinghe**



## Book Club/ESO

Second Wednesday  
of the Month

**March 12th  
at 2:00 PM**

Book of the Month:

**Sipsworth  
By Simon Van Booy**

**Please contact host,  
Rosemary Wilde,  
to RSVP**

## Garden of Eatin' -Third Tuesday of the Month



**March 18th @ 11:30am**

Stephen's Market & Grill-2632 E Main St., Ventura  
Contact **Kathy Briggs** to RSVP  
Ingrid Mackey is our hostess



## Evening Section - Third Thursday of the month



**March 20th at 6:00PM**

*Dinner at Lazy Dog*

*598 Town Center Dr., Oxnard*

We will be playing "Never Have I Ever!" **FOR PRIZES!**

**RSVP to Carrie Spira by March 19th**



## FUN-DOUGH

**Friday March 14th-9:30AM**

Grace Bible Church  
936 West Fifth Street Oxnard, CA

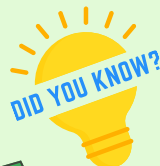
**Upon arrival sign in  
as a SBWC member**



### Shop with these Fun Dough Sponsors to earn money for our club:

- 55+ Reverse Mortgage Loans - Carlos Camargo (805) 985-2808 or (818) 324-3802
- Apostille & Notary - Dave Ezra - (805) 702-1771
- Buena Vista Home Health and Hospice - Maridee Leyva: 805-217-1372
- Creative Memories - Rita Trejo (805) 512-1384
- Cruise Planners - Jennifer Armstrong - (805) 905-1469
- Equity Management - Tyler Tran (626) 616-0588
- F & M Construction - Fernando Pacheco - 805-907-6859
- Home Helpers In Home Caregiving - Ginny Arroyo (805) 585 - 8131
- Mary Kay Skin Care - Marina Martinez - (805) 468-5798
- Pampered Chef - Vera Lynn - (805) 760-8412
- Remax One - Eric Arnaud - (805) 402-7653
- Steam Master - Brad Briggs (805) 505-8068
- Touchstone Jewelry - Sharon Bishop - (805) 479-4226
- Worthy Plumbing - Fred Worth - (805) 758-0319

***If you patronize any of the above vendors  
please give Carla Kincaid your receipts***



Other ways to earn Fun-Dough:

**\$1M**  
For a club  
hosted event

**\$10K**  
for each member  
who attends the  
monthly event

**\$500K**  
for each member  
who helps with  
set up or tear  
down

# CLUB HAPPENINGS!

## Welcome

### NEW MEMBER INDUCTIONS



Your Fundraising Committee hard at work. What a great activity!



Some of our most recent Members receive their badges at events in February. Don't forget to introduce yourselves & welcome these terrific ladies!

## Galentine's Fun



Our Evening Section enjoyed a hilarious game of Rom Com Trivia and each other's company



# PET OF THE month



## Meet Miss Pinot Noir

Member Carla Kincaid's late husband gave this beautiful Calico her name. It was his favorite wine & his favorite cat. She is 19 years old now and has spent her entire life indoors. Her favorite thing to do is eat tissues, toilet paper & paper towels!



## Somis Reciprocity Tea



## Get Creative with Your Photos!

Do you love preserving special memories—whether it's family photos, a cherished pet, or a day you'd love to relive?

Join Rita Trejo from Creative Memories for a fun and creative afternoon of scrapbooking! She'll provide everything you need—just bring your photos and your creativity

**Date: April 22**

**Time: 1:00 PM – 4:30 PM**

**\$ Cost: \$10**

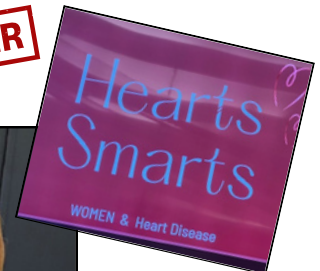
(Payment due at the March meeting)



For more details or to sign up, contact

**Carla Kincaid at 805-816-7112.**

**REMINDER**



**Talk with your MD if you have:**

- Persistent fatigue, shortness of breath, chest discomfort
- Family history of heart disease
- High Blood Pressure or diabetes

SANBUENAVENTURAWOMEN'S CLUB

PRESENTS

SATURDAY, MARCH 8TH, 2025

[RAIN OR SHINE]

MARDI GRAS

# Bunco Fundraiser

ELKS LODGE, 2126 KNOLL DRIVE, VENTURA

TICKETS:  
\$40 EACH OR \$75 FOR 2

INCLUDES BUFFET BREAKFAST & ENTRY FOR GRAND PRIZE DRAWING

8:45 AM DOORS OPEN FOR CHECK-IN  
AND RAFFLE TICKETS PURCHASE  
9:30AM BREAKFAST SERVICE BEGINS

For more information, contact Toni Peters at  
[trepeters@verizon](mailto:trepeters@verizon) or text 805-504-5629

OUR CLUB IS A PHILANTHROPIC SERVICE ORGANIZATION.  
OUR FUNDRAISING AND VOLUNTEER EFFORTS HELP  
PROVIDE SERVICES TO GROUPS WORKING FOR THE BETTER  
OF THE VENTURA COUNTY AREA.